## The County of Centre PROCLAMATION

## **NUMBER 25 OF 2018**

WHEREAS, gastroparesis is a long-term chronic condition that is estimated to affect up to 5 million people in the United States according to the National Institute of Diabetes and Digestive and Kidney Diseases; and

WHEREAS, gastroparesis is a disorder in which the stomach empties very slowly and most often occurs when nerves of the stomach are damaged or don't work properly; and

WHEREAS, in many cases the cause of gastroparesis is unknown and limited treatment options are available; and

WHEREAS, symptoms usually occur during or after eating a meal and typically include stomach discomfort, bloating, nausea and/or vomiting, retching, or early satiety; and

WHEREAS, diagnosis is made by a doctor who will perform a physical exam and testing to measure how fast the stomach empties; and

WHEREAS, treatments are aimed at managing symptoms which can involve a combination of dietary and lifestyle measures, medications, and/or procedures that may include surgery; and

WHEREAS, persons who experience symptoms should talk to their doctor, if gastroparesis is diagnosed, the doctor can work with the patient to develop a treatment plan best suited for individual circumstances; and

WHEREAS, there is a need to educate the medical community and public regarding the devastating effects of this condition and raise awareness.

NOW, THEREFORE, BE IT RESOLVED the Centre County Board of Commissioners does hereby proclaim August 2018 as "Gastroparesis Awareness Month" in Centre County.

**ADOPTED** this 28<sup>th</sup> day of August 2018.

CENTRE COUNTY BOARD OF COMMISSIONERS

Michael Pipe, Chair

Mark Higgins, Vice-Chair

Published

Steven G. Dershem

ATTEST:

Margaret N. Gray, Administrator